

What is an ET or WOCN nurse?

An ET nurse (enterostomal therapist) also known as a WOCN (Wound, Ostomy, and Continence Nurse) is a nurse who is certified in the management of an ostomy and who can provide info to patients with ostomies. They are a good source of information for ostomy related issues from skin problems to appliance problems. Additionally, they can give advice on different pastes, tapes, powders, barriers, adhesive removers, etc that would be best suited for you.



Where do I find an ET or WOCN nurse?

Check with your gastroenterologist or colorectal surgeon for suggestions or try the following area hospitals that have ET departments.

- Duke Medical:

Michelle Rice 919-681-2436
Jane Fellos 919-681-7743

- Raleigh Com. Hospital:

Linda Martin 919-354-3000

- Rex Healthcare:

Stephanie Yates 919-784-2048

- Wake Med. Center:

Leigh Ammons or Melanie Johnson
919-350-5171

Leanne Richbourg 919-350-6462

- UNC Hospital:

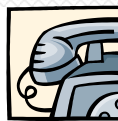
Ann Woodruff or Debbie Arrowood
919-843-9234

***NOTE: most require appointments and/or doctor referrals**

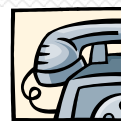
Visitation program: Raleigh Area UOA provides a Visitation Program which offers person-to-person support for those who have had or will have ostomy or related surgery. Visits can be via phone or in-person, during the hospital stay, in the home, or some other convenient location. The support often helps new ostomates achieve optimal physical and social rehabilitation. The visitor is an experienced, adjusted, and trained person who has been determined to be qualified to visit, who participates in recertification training regularly, and who maintains current membership with UOA. Visitors comply with the HIPPA Privacy Rules when obtaining referrals from medical personnel. To set up a visit, please contact Stephanie Yates at 919-784-2048 or Donald Meyers at 919-781-0221.

Tips and facts:

- Call several manufacturers to obtain samples of different appliances and products. This way you can compare products and find the best one for you.
- After surgery the stoma will be swollen, so assess the size and shape of your stoma regularly, as you may need to change the opening size of your wafer.
- Many ostomates choose to carry extra supplies with them in case of an emergency.
- It is estimated that 750,000 Americans are living with an ostomy and that 75,000 new surgeries are performed each year.
- If you are in need of supplies, contact your local UOA chapter, as many keep some donated supplies on hand.



Contacts:



Dan Wiley	919-806-1679
Allison Cleary	919-387-3367
Bonnie Sessums	919-403-7804
Donald Meyers	919-781-0221
Kathy Bong	919-303-6475
Lula Mangum	919-771-2235
Susie Peterson	919-851-8957
Shirley Peeler	919-787-6036

*contact any of the above members for information on our group, for support, to set up a visitation, or for further questions or info.

What are some of the major manufacturers of ostomy supplies?

- Coloplast 888-726-7872
www.coloplast.com
- Convatec 800-422-8811
www.convatec.com
- Hollister 800-323-4060
www.hollister.com
- Microskin 800-582-0707
www.cymed-ostomy.com
- NuHope 800-899-5017
www.nu-hope.com

Where can I order supplies?

- Look in your local Yellow Pages directory under "Medical Supplies," "Surgical Supplies," "Hospital Supplies," "Ostomy Supplies," etc.
 - You can also try a mail order company, some examples:
 - Byram Healthcare 877-902-9726
 - Edgepark Catalog 800-321-0591
 - For those without insurance, the following are some of the lowest cost mail order suppliers and do NOT accept insurance:
 - Bruce Medical 800-225-8446
 - Express Medical 800-633-2139
 - Medical Care Products 800-741-0110
 - National Healthcare 800-847-5715
 - Parthenon 800-453-8898
- *Be sure to ask your insurance provider for coverage information and covered suppliers
*Additionally, if you are paying out of pocket, ask your supplier if they will offer a discount.

Useful Websites:

www.uoa.org	www.j-pouch.org
www.ostomates.org	www.wocn.org
www.raleighUOA.org	



United Ostomy Association, Inc.

The United Ostomy Association (UOA) is a volunteer-based health organization dedicated to assisting people who have had or will have intestinal or urinary diversions: colostomy, ileostomy, or urostomy (ileal conduit) and continent diversions.

Raleigh Chapter

offering support to people facing ostomy surgery, to people with ostomies, and to their families and friends.



Meetings:



7:30pm: 1st Tuesday of each month
(September – June)

Location:

Rex Hospital
Surgical Waiting Room
(just off of the main lobby)
4420 Lake Boone Trail, Raleigh

Additional Info:

For additional info, please send an email to
raleigh-uoa@earthlink.net

