

The By-Pass

Triangle Area Ostomy Association



April 2017

OUR MISSION: To provide emotional support and educational opportunities for persons who have had an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by donating supplies to underprivileged ostomates in foreign countries.

President's Message:

At the last meeting we all learned a ton of good information about the UOAA from our own Joanna Burgess who was elected to the national board last year. We will be featuring an update from Joanna at the beginning of our meetings from here on out. Learning about everything the UOAA is doing for the ostomy community truly demonstrates how connected we all are as ostomates.

Speaking of community, please check out the information on page 5 on applying for the Sandi McBride Scholarship to attend the national conference. We will speak more about it at the start of the April Meeting.

Respectfully,
Dan Richards

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CALENDAR OF EVENTS:

April	4	TAOA Meeting, Rex, 7:15 pm
April	11	TBC Meeting Chapel Hill, 7 pm
April	16	Easter
April	17	CCFA Meeting Rex, 7:30 pm
April	22	Earth Day

NEWS AND UPDATES

- Our January meeting will feature our own Dani Osewalt talking about her experience traveling with an ostomy in "Have Bag Will Travel."
- Dan Richards has become our new President, leaving the Vice President position open. If you would be interested in taking on either that role or that of Secretary, please let him know at a meeting. We are also looking for help with the newsletter.
- If you know of an event that you think TAOA would benefit from setting up a information table, please let Dan Richards know.

APRIL BIRTHDAYS

Jack Lilie	April 14
Fred Toms	April 19

Let us know your Birthday so we can celebrate it with you!

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a local chapter affiliated with The United Ostomy Associations of America, Inc. Membership includes ostomates, nurses and friends who support our mission. New members are always welcome. Members receive a subscription to our monthly newsletter, The BY-PASS. Annual dues support TAOA and UOAA. If dues are not affordable, a courtesy membership can be arranged. (This information is kept confidential.)



TAOA MEETING INFO:

MEETING:

The first Tuesday of the month, September – June.
Time: 7:15pm NO meeting in July or August.

LOCATION:

Rex Hospital, 4420 Lake Boone Tr., Raleigh, 27607.
From the parking deck use the Main Entrance.
The meeting is in the main waiting room on the left.

INCLEMENT WEATHER POLICY:

If the Wake Co. Schools are closed due to weather conditions, there will be NO meeting that evening.

To verify a cancellation call Rex Hospital at 919-784-3100.

GROUP OFFICERS AND CONTACT INFO

Vice President: Dan Richards	919-624-3075
Vice President: Vacant	
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Vacant	
Editor: Dan Richards	919-624-3075
Webmaster: Ed Withers	919-553-9083
FOW Coordinator: Jeff Burcham	919-847-9669
Visitor Coordinator: Stephanie Hughes	919-480-1172
Prof. Advisor: Stephanie Yates	919-613-2035

All officers are available for member support

Visit www.triangleostomy.org

TAOA ANNUAL DUES POLICY

THE ANNUAL STATEMENT FOR DUES is issued every June in the BY-PASS Newsletter. Payment is Due between June and August 31. Please use TAOA Member form to update information. Please notify the treasurer if payment must be delayed or if Dues are not affordable (Confidential). If no response by the September meeting, your membership will expire.

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: SECU Family House,
123 Old Mason Farm Road
Chapel Hill, NC 27517
Contact: David Langham
919-948-0589
trianglebcs@gmail.com
www.trianglebcs.com

CCFA CROHN'S & COLITIS FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com



WOC NURSES

Wake Med

Leigh Ammons	919-350-7668
Melanie Johnson	919-350-7668
Debbie Orr	919-350-7668

Wake Med Cary

Joanna Burgess	919-350-5231
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UNC Hospital

Donna Brickman	919-843-9234
Juliet Idiabonya	919-843-9234
Lisa Jenkins	919-843-9234
Barbara Koruda	919-843-9234
Lara Leininger	919-843-9234
John Maotko	919-843-9234
Donna Partin (outpt)	919-966-9344
Janet Rankin	919-843-9234

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145

Duke

Ronda Bowles	919-681-4678
Jane Fellows	919-681-7743
Penny Jones	919-688-0125
Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Leanne Richbourg	919-681-6694
Stepahnie Stokes	919-681-1785
Stephanie Yates (outpt)	919-613-2035
Mary Ann Whaley	919-613-5583

Duke Raleigh

Amanda Eltz	919-954-3725
Krys Dixon	919-954-3446

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
Sara Harbison	919-285-0411 X 5297

Rex Hospital

Angela Joyner	919-784-2048
Rachel Breazeale	919-784-2048
Teri Ourada	919-784-2048

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Reference: 1. Survey of 97 Males and 34.6% of 92 Female Patients. ConvaFec. Moldable Technology: Evolution of the Personal Care in Ostomy Care. Moldable Skin Care. Pouches presented at CIO, Las Vegas, June 2013. *Woundsource.com/ConvaFec, Inc. © 2014 ConvaFec, Inc. #1041515M

**Duke Raleigh Hospital
Ostomy Clinic**

Contact Krystyna Dixon, BA, RN, CWOCN, CFCN for an appointment. MD referral is required.

Wound Healing Center
Medical Office Building 6
3320 Wake Forest Road
Raleigh, North Carolina 27609

919-954-3446

Duke Raleigh Hospital
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MINUTES for the TAOA MEETING MARCH. 7, 2017

Social: Refreshments were served by Jeff Burcham and Fred Toms. Everyone enjoyed the snacks and beverages while greeting old and new friends.

Meeting: At 7:30 PM, Pres. Dan Richards called the TAOA Meeting to order. Dan welcomed 10 members, 3 Nurses and two visitors returning for a 2nd time. Fred and Jeff were thanked for providing our refreshments this evening.

Announcements: 1) Members who have had ostomy surgery within the past 5 yrs. were asked to participate in a survey. See Dan for forms and explanation. 2) Lara Leininger, CWOCN announced **The Sandi McBride Scholarship**, established with a portion of money raised by our 5k race in Oct. 2016. It will provide five (5) \$1000 awards for five first time attendees of a National Conference. The 2017 Conference is in Irvine, CA. Aug,22-26th. Applicants must be NC residents, members of NC Affiliated Support Group (ASG) and have financial need. UOAA also provides **CARES Scholarships** for nationwide applicants. You may apply for only one (1) so the **Sandi McBride Scholarship** is primary for NC applicants. An application will be on our Web Site or contact Pres. Dan Richards to have one emailed to you. Deadline is May 1st. 3) Our APRIL Program will be **"Have Bag will Travel"**, by Dani Osewalt who recently returned from travels abroad. In May we will enjoy the "Break Out" sessions again. The JUNE program will be announced later. 4) Remaining Refreshment schedule is as follows: BILLY ADAMS---APRIL, JAMAL SARSOOR---MAY, KEVIN ROSEMOND---JUNE. Please notify Ruth Rhodes if your date is no longer convenient. In May, refreshment volunteers will be asked to select a meeting on next year's calendar. Thank you in advance for your generosity.

Program: Speaker, Joanna Burgess-Stocks, WOCN, was introduced by Stephanie Yates, CWOCN. As a newly elected Director on the National Board of the United Ostomy Association of America, Joanna spoke about the function, structure and organization of UOAA. She will be working with their Advocacy Program, assisting ASG's, like TAOA who function under the umbrella of UOAA. Our National Organization is working diligently to protect us as changes in the health care laws are being considered. Ostomy supplies are categorized as Durable Medical Equipment (DME). DME guidelines are among many being considered for change. Members need to be informed and to alert Congressmen of legitimate needs for supplies to have Insurance reimbursement on the basis of varying, individual needs. The Phoenix Magazine is an excellent source for news and information, specific to our ostomy needs. A subscription form is printed in each newsletter. Thank you Joanna for enriching us with this detailed knowledge of UOAA.

Adjournment: The meeting adjourned at 8:30 PM. Our next meeting is on Tuesday, April 4th at 7:15 PM. Light refreshments will be provided by Billy Adams.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.

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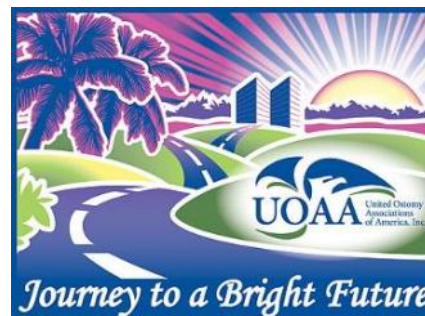
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Sandi Mcbride Scholarship

Let's go to the National Conference!

We have talked about the Sandi Mcbride Scholarship in several places but I want to mention it again here in case you missed the last meeting or do not receive the newsletter via email.

In summary, when Lara and Angela set up the Run for Resiliency they asked the UOAA if some of the money raised could be set aside in honor of Sandi Mcbride to send five local ostomates to the National Conference. Each scholarship is for \$1000 and can be used to cover travel expenses and registration fees.



6th National Conference
Tues.-Sat., Aug. 22-26, 2017, Hotel Irvine, Irvine, California

I will have several copies of the application and criteria information at the April meeting. If you are planning on applying it would be best if you can have your completed application with you at the April meeting so I can sign them and write the endorsement. If possible, give me a call or text (919-624-3075) before the meeting so I can start writing endorsements. If you cannot make the meeting or don't have it completed by then, I will meet you to sign it and mail it off before the May 1st deadline.

I wrote about the national conference in a previous issue, but you can find out more information at www.ostomy.org. Also make it a point to check out www.ostomy5k.org/in-memory-sandi-mcbride to learn more about Sandi Mcbride.

This is an amazing opportunity from the UOAA and the organizers of the Run for Resiliency 5K, Lara and Angela. I encourage everyone to apply and I hope to see you at the National Conference.

The Phoenix
The Official Publication of UOAA

The Phoenix is the leading national magazine for ostomates, their families and caregivers. Each issue contains 72 pages of inspiration, education and information including new products, medical advice, management techniques, personal stories and more.

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Mission Viejo, CA 92690
Phone/Fax: 949-600-7296

Name _____
Address _____
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City _____
State _____ Zip _____

TAOA MEMBERSHIP FORM

Please print legibly Date: _____

Name: _____

Address: _____

Spouse: _____

Phone (Home): _____ (Cell): _____

Email: _____

Newsletter () Email () US Mail Birthday: Month: ___ Day: ___

Type of Ostomy: [] Colostomy [] Ileostomy [] Urostomy (Ileal conduit) [] Other Type: _____

[] No ostomy/Supporting Member [] Relative [] Friend [] Other

Payment of dues enclosed: \$20 [] CASH [] CHECK [] M.O.

[] I request Courtesy Membership. I cannot pay dues at this time.

(Information is Confidential)

MAIL COMPLETED FORM WITH PAYMENT OF DUES TO:

Ruth Rhodes, Treasurer
8703 Cypress Club Drive, Raleigh, N.C. 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO

FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday, **April 4**, 2017 at 7:15 pm, Rex Hospital
PROGRAM: Have Bag Will Travel!
Hosted by: Dani Osewalt

