

The By-Pass

Triangle Area Ostomy Association



April 2018

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.

President's Message:

I offer my sincerest apologies for missing the last three meetings and the last two newsletters. After fighting that horrible cough and cold that went around in January, all my other health issues decided they wanted some attention too! I am slowly getting back on my feet so I look forward to seeing you all at the April Meeting. Thank you to Stephanie, Ruth, Ed, and Jeff who all helped cover in my absence.

If you have ever considered helping out, now would be a great time. We still need a Vice-President and I could really use some assistance with the Newsletter. Please let me know if you are interested in any of these positions.

Respectfully,
Dan Richards

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CALENDAR OF EVENTS:

April	1	April Fool's Day
April	1	Easter
April	3	TAOA Meeting, Rex, 7:15 pm
April	10	TBC Meeting Chapel Hill, 7 pm
April	13	Friday the 13th
April	16	CCFA Meeting Rex, 7:30 pm

NEWS AND UPDATES

- Our April meeting will be our break out session facilitated by local WOC Nurses. Bring your questions and issues and get ready to learn some great tips from other members. This is one of the best meetings of the year so plan on attending.
- The TAOA Board needs member support! We are currently looking for a Vice President, Secretary, and a volunteer to assist with newsletter publication.
- If you know of an event that you think TAOA would benefit from setting up a information table, please let Dan Richards know.

APRIL BIRTHDAYS

Jack Lilie	April 14
Fred Toms	April 19

Let us know your Birthday so we can celebrate it with you!

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission.

New members are always welcome. Please refer to the membership form on the last page.

TAOA MEETING INFO:

MEETING:

The first Tuesday of the month, September – June.
Time: 7:15pm NO meeting in July or August.

LOCATION:

Rex Hospital, 4420 Lake Boone Tr., Raleigh, 27607.
From the parking deck use the Main Entrance.
The meeting is in the main waiting room on the left.

INCLEMENT WEATHER POLICY:

If the Wake Co. Schools are closed due to weather conditions, there will be NO meeting that evening.

To verify a cancellation call Rex Hospital at 919-784-3100.



WOC Nurses

Wake Med

Leigh Ammons 919-350-7668
Melanie Johnson 919-350-7668
Debbie Orr 919-350-7668

Wake Med Cary

Joanna Burgess 919-350-5231

UNC Hospital

Donna Brickman 919-843-9234
Juliet Idiabonya 919-843-9234
Lisa Jenkins 919-843-9234
Barbara Koruda 919-843-9234
Lara Leininger 919-843-9234
John Maotko 919-843-9234
Donna Partin (outpt) 919-966-9344
Janet Rankin 919-843-9234

Duke Regional

Tom Hobbs 919-470-7215
Felicia Street 919-470-6145

Duke

Ronda Bowles 919-681-4678
Jane Fellows 919-681-7743
Penny Jones 919-688-0125
Michelle Rice 919-681-2436
Angela Richardson 919-684-9954
Leanne Richbourg 919-681-6694
Katie Smith 919-681-5675
Stepahnie Stokes 919-681-1785
Stephanie Yates (outpt) 919-613-2035
Mary Ann Whaley 919-613-5583

Duke Raleigh

Amanda Eltz 919-954-3725
Krys Dixon 919-954-3446

Maria Parham Hospital

Kathy Thomas 252-436-1700
Durham VA Medical Center

Reba Giles 919-286-0411 X 6177
Sara Harbison 919-285-0411 X 5297

Rex Hospital

Angela Joyner 919-784-2048
Rachel Breazeale 919-784-2048

Group Officers and Contact Info

President: Dan Richards 919-624-3075
Vice President: Vacant
Treasurer: Ruth Rhodes 919-782-3460
Secretary: Vacant
Newsletter: Dan Richards 919-624-3075
Webmaster: Ed Withers 919-553-9083
FOW Coordinator: Jeff Burcham 919-847-9669
Visitor Coordinator: Vacant
Program Coordinator: Stephanie Yates 919-613-2035
Prof. Advisor: Stephanie Yates 919-613-2035

All Officers are available for member support

TAOA DUES POLICY

Annual Membership Dues support TAOA & UOAA. Statements appears in June Newsletter. Pay \$20 prior to Aug. 1st. WOCN's & Prof. Associates receive a Courtesy Membership in appreciation for their support. See Form on last page.

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: SECU Family House,
123 Old Mason Farm Road
Chapel Hill, NC 27517
Contact: David Langham
919-948-0589
trianglebcbs@gmail.com
www.trianglebcbs.com

CCFA CROHN'S & COLITIS FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

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Duke Raleigh Hospital Ostomy Clinic

The Duke Raleigh Hospital Ostomy Clinic offers information, help and support for those living with a stoma.

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919-954-3446

3320 Wake Forest Rd, Suite 100
Raleigh, NC 27609



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MINUTES TAOA MEETING March 6, 2018

Advisor Stephanie Yates, WOCN, called the meeting to order at 7:30PM. Our best wishes are with President Dan Richards whose health is slowly improving. Alison Cleary was sincerely thanked for providing our refreshments this evening. Three new visitors with family were introduced & welcomed along with 3 WOCN's and 18 members for a total of 26 in attendance. The five visiting Vendors were introduced and extended a warm welcome and thank you.

ANNOUNCEMENTS: 1) Visitor Training will be Sat. Mar. 17th. 2) A member wants to sell a NEW (never used) \$50 UROSTOMY DRAINAGE SET for \$18.00-20.00. Call Ruth for contact info. 3) Our sympathy is with the family of Scott Coward who died Feb.22nd. 4) ***IN ORDER TO SUSTAIN OUR VALUABLE TAOA ORGANIZATION, FOUR VOLUNTEERS ARE NEEDED TO FILL THE VACANT POSITIONS FOR OFFICERS & BOARD MEMBERS.***

PROGRAM: This evening's Vendor Fair was very successful! A large variety of products were demonstrated, samples were offered, issues & mail ordering were discussed. Ample educational information flowed freely to provide knowledge for all. We deeply appreciate the personal time and service provided by the following Representatives:

Ryan Collins, COLOPLAST; Leann Perry, CONVATEC; Antoinette Delio, HOLLISTER; Kimrey Cranford, BYRAM HEALTHCARE; Richard Carter, EDGE PARK MEDICAL.

CLOSING: Our April 3rd meeting will provide your favorite "Break Out Sessions". Our three types of ostomates will meet in individual groups to discuss personal issues, questions & suggestions to improve care. Family/care givers can benefit by participating with the ostomate or in a special group for them. Each group will be lead by a WOC Nurse. Ed Withers will provide our April 3rd refreshments. This meeting adjourned at 8:40PM. Respectively, Ruth Rhodes, Treasurer



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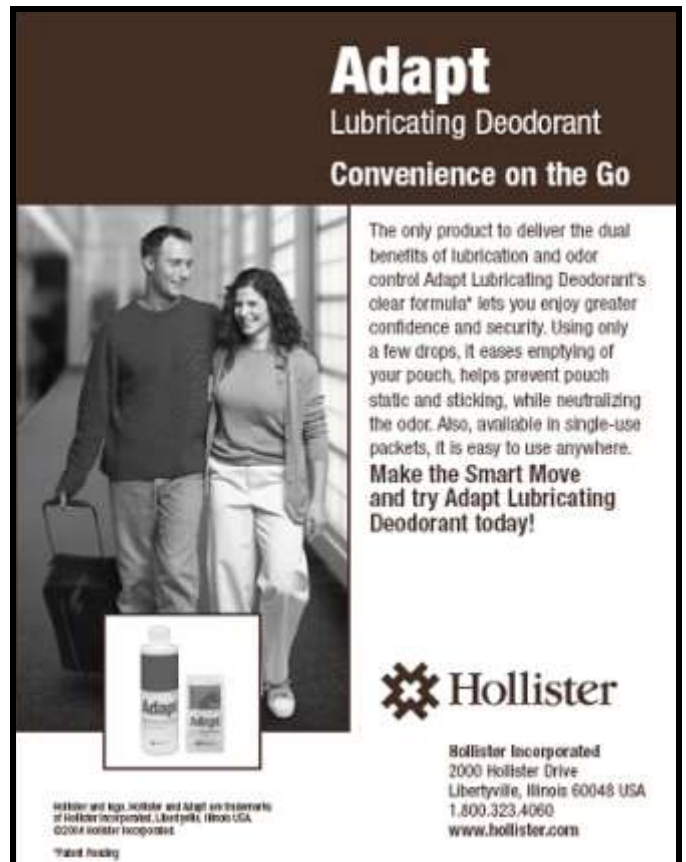
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Travel Ready

2018 Regional Ostomy Conference

May 4-6, 2018
Sterling, VA



I know I wrote about this in the January Newsletter, but the Regional Conference is coming up soon! These conferences are a wonderful opportunity to meet other ostomates and learn even more about your ostomy. To learn more check out: <http://osgnv.org/wp-content/uploads/2018/02/Fourth-Flyer-Total-Update.pdf>

Registration is \$50 and the hotel will be around \$90 per night. They have added information on their website www.osgnv.org. You can register for both the conference and the hotel there.

There will a stoma clinic, social activities, a product exhibit hall, and several workshops. The tentative list of workshops include:

1. Exercise with an ostomy
2. So you have an ostomy...Now what?
3. Effects of chemo and radiation on an ostomate
4. Caregivers, family and friends open discussion
5. What can go wrong with your Ostomy
6. How to pick your appliance and stoma protection
7. TSA and ostomy travel tips
8. Skin Care
9. Psychological concerns for Ostomates
10. Ostomate rap session

The Phoenix
The Official Newsletter of UOAA

The Phoenix is the leading national magazine for ostomates, their families and caregivers. Each issue contains 72 pages of inspiration, education and information including new products, medical advice, management techniques, personal stories and more.

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TAOA MEMBERSHIP FORM

Please print legibly Date: _____

Name: _____

Address: _____

Spouse: _____

Phone (Home): _____ (Cell): _____

Email: _____

Newsletter () Email () US Mail Birthday: Month: ___ Day: ___

Type of Ostomy: [] Colostomy [] Ileostomy [] Urostomy (Ileal conduit) [] Other Type: _____

[] No ostomy/Supporting Member [] Relative [] Friend [] Other

Payment of dues enclosed: \$20 [] CASH [] CHECK [] M.O.

[] I request Courtesy Membership. I cannot pay dues at this time.

(Information is Confidential)

MAIL COMPLETED FORM WITH PAYMENT OF DUES TO:

Ruth Rhodes, Treasurer
8703 Cypress Club Drive, Raleigh, N.C. 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO



FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday, **April 3**, 2017 at 7:15 pm, Rex Hospital
PROGRAM: Ostomy Break Out Sessions
Hosted by: Various WOCN

