

# The By-Pass

## Triangle Area Ostomy Association

*OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.*



May 2024

### President's Message

Thank you to everyone who came to our last meeting featuring Joy Hooper and her incredible apron. It was very insightful to "see" how our bodies have changed due to our surgeries!

The summer is coming up on us fast so don't forget we only have two more meetings, May and June, before we take our summer break. I hope to see everyone at these next two meetings before everyone heads out to any summer adventures!

See you all on the 7th.  
Regards,

Dan Richards  
President

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### NEWS AND UPDATES

- The program for our May 7th meeting is a Hollister update by Antoinette Delio, our local rep.
- The TAOA Board needs member support! We are currently looking for a Secretary/Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.

### TAOA DUES POLICY

Many thanks to all those who have paid dues for 2023-2024! TAOA sincerely appreciates your contributions.

You can still pay dues for this year. Please attach the membership form on page 5 of this Newsletter and mail your \$20 dues to our Treasurer Ruth Rhodes. You may also print a copy from our website at <https://raleighuoa.org/membership-form/> - look for the link at the top of the page.

### TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.

## WOC NURSES

### WakeMed Raleigh, WakeMedCary,

#### WakeMed North

Leigh Ammons	919-350-7668
Varda Barthelemy	919-350-7668
Melanie Johnson	919-350-7668

#### UNC Hospital

Lisa Jenkins	984-974-0410
Lara Dupree	984-974-0410
John Motko	984-974-0410
Janet Rankin	984-974-0410
Jennifer O'Brien	984-974-0410
Ann Sexton	984-974-0410
Becky McElyea	984-974-0410
Colleen Spiller	984-974-0410
Jessica Blakeslee	984-974-0410
Sophia Furlong	984-974-0410
Otis Brown	984-97400410

#### Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145
Stephanie Greenberg	919-714-3390

#### Duke Raleigh Ostomy Clinic Apt or Support Line

Kelly Smith	919-954-3446
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#### Duke Raleigh Wound/Ostomy Inpatient Hospital

Ronda Bowles	919-954-3089
Janet Jensen	919-954-3725

### Duke Raleigh Wound Center Outpatient

Kayla Santangelo (outpt)	919-862-5573
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#### Duke Health

Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Stephanie Stokes	919-681-1785
Mary Ann Whaley	919-613-5583
Sarah Britt	919-681-4678
Lily Lane	919-681-7743
Tara Beuscher (outpt)	919-668-7008
Donna Brickman	919-681-4634
Lilo Wilson	919-681-1648
Matt Keirn	919-681-8971
Teri Arp	919-668-0135
Rebecca Elvin (Pediatrics)	919-681-6694

#### Maria Parham Hospital

Kathy Thomas	252-436-1700
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#### Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
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#### Rex Hospital

Rachel Beth Breazeale	919-784-2048
Maggie Elliott	919-784-2048
Bryan Duttman	919-784-2048
Elsie Murray	919-784-2048
Kristen Cowperthwait	919-784-2048
Kelly Gilleran	919-784-2048
Tanya Duncan (outpt)	919-784-2758


### Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Vacant	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Visitor Coordinator: Vacant	
Program Coordinator and	stephaniesyates@gmail.com
Prof. Advisor: Stephanie Yates	

All Officers are available for member support

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to [www.raleighuoa.org](http://www.raleighuoa.org) or look for Triangle Area Ostomy Association on Facebook.


**CROHN'S & COLITIS**  
 FOUNDATION OF AMERICA

**CCFA SUPPORT GROUP**

Date: Third Monday of the Month  
 Time: 7:30 pm – 9:00 pm  
 Place: Rex Healthcare  
 Contact: Reuben Gradsky  
 gutcheckrdu@gmail.com

#### TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month  
 Time: 7 pm – 8:30 pm  
 Place: SECU Family House,  
 123 Old Mason Farm Road  
 Chapel Hill, NC 27517  
 Contact: Ritchie Briggs  
 919-493-0551  
 trianglebcs@gmail.com  
 www.trianglebcs.com

**DISCLAIMER:** Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.



## National Nurses Week May 6-12

National Nurses Week celebrates and acknowledges nurses and the hard work they put into making their patients feel safe and comfortable.

We celebrate our WOC Nurses. We deeply appreciate you and we are grateful for your gifted abilities, unlimited kindness, and your many expressions of expert care. Happy Nurses Week to you all!!

## 10th Annual Run for Resilience Ostomy 5k Sat October 5, 2024, Durham, NC

Join us and celebrate our 10th Annual Run For Resilience Ostomy 5k Run/Walk which will be held on Saturday, October 5th, 2024 on the scenic American Tobacco Trail in Durham, NC. For more information about the event and to register visit UOAA's website at <https://runsignup.com/Race/NC/Durham/DurhamNCRunforResilienceOstomy5k>

All proceeds will benefit the United Ostomy Association of America (UOAA) a 501 3(c) non-profit charity that helps patients living with an ostomy or continent diversion through support, education and advocacy. For more information regarding ostomies visit UOAA's website at [www.ostomy.org](http://www.ostomy.org)

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Rachel<sup>®</sup>, SenSura<sup>®</sup> Mio Convex Flip user

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87% of people experience itchy skin around the stoma.<sup>1</sup> Being distracted by an itch can really get in the way of focusing on life's special moments.

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The CeraPlus skin barrier comes in a range of fit options including one-piece, two-piece, flat, firm convex, soft convex, tape border, and tapeless.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions, and Instructions.  
1. Consumer Survey of Itchiness, Hollister Incorporated, 2019. Data on file.  
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## MINUTES TAOA MEETING APRIL 2, 2024

Following an open discussion among the 20 attendees, President, Dan Richards opened the meeting at 7:39PM.

Four generous individuals have donated Ostomy supplies. Ruth will transfer these to Jamal for shipments to FOW. Ruth requested authorization for a donation of \$200.00 to UOAA. This will be given in honor of our Triangle Area WOC Nurses for Nurses' Day May 6, 2024. We are so fortunate to benefit from the many services they provide!

Dan introduced our speaker, Joy Hooper, CWOCN, from Georgia. Joy spoke of her many experiences as she progressed from a LPN to RN to CWOCN. Her dedication to the medical profession has been a positive influence on her life. Joy gave us a full explanation of the digestive system, its anatomy & function. She explained the three types of Ostomies and described the surgical procedure which is performed for each of the functional needs. She also explained the results when the rectum is surgically removed or not. She stressed the importance of hydration, the various ways one can experience fluid loss & ways to prevent it. We are grateful to Joy for this educational program.

TAOA will meet again by Zoom on Tuesday May 7th at 7:00PM

This meeting was adjourned at 8:15PM.

Respectfully submitted,  
Ruth Rhodes, Sec./Treas



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SNS00807 - No-Sting Skin Barrier Wipes	SNS21130 - X-Tra Wide Skin Barrier Arcs
	SNS41408 - Assure C Odor Eliminator

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**Duke Raleigh Hospital  
Ostomy Clinic**

The Duke Raleigh Hospital Ostomy Clinic offers Information, help, and support for those living with a stoma.



Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:  
3404 Wake Forest Rd. Suite 303  
Raleigh, NC 27609




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## **TAOA MEMBERSHIP FORM**

**PLEASE PRINT LEGIBLY**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Spouse: \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Receive Newsletter via: ☐ Email ☐ US Mail

Year of Surgery: \_\_\_\_\_

Type of Ostomy: ☐ Colostomy ☐ Ileostomy ☐ Urostomy (Ileal conduit)

☐ Other: \_\_\_\_\_ ☐ Support/No Ostomy

Comments (cont. on reverse side) \_\_\_\_\_

☐ Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

☐ Courtesy Membership: Cannot afford dues at this time. (Confidential)

☐ Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

**IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.**

**Enclosed: ☐ \$20.00 Dues Pay to TAOA ☐ Cash ☐ Check ☐ Money Order**

☐ Donation (optional) \$ \_\_\_\_\_ For our support of FOW.



*Mail payment with this completed form to:*

*Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615*

8703 Cypress Club Drive  
Raleigh, NC 27615



OUR THANKS TO



FOR PROVIDING THE PRINTING OF  
THIS NEWSLETTER

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**NEXT MEETING:** Tuesday May 7th: an update on Hollister products.  
**HOSTED BY:** Antoinette Delio, our local Hollister rep.

