

The By-Pass

Triangle Area Ostomy Association

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.



Jun 2024

President's Message

Summer is upon us again! Remember that we take July and August off but we will be back in September. If you need support or have a question during this time the Board is always available. Feel free to reach out to us anytime, our contact information is later in the newsletter. I also maintain a small supply closet for emergencies. If you are short on supplies reach out to me anytime!

As we head into our break, please remember to pay your dues. We are volunteer run so these dues allow us to pay our UOAA fees and cover the shipping costs to FOW. Information on paying dues is also later in the newsletter.

I hope to see you all on the 4th but if we don't then have a great summer!

Dan Richards
President

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ATTENTION WOC NURSES

TAOA has contributed \$200 to the UOAA Nurses Scholarship Fund.

**In your honor!
Our gift For Nurses Day!**

NEWS AND UPDATES

- The program for our June meeting will be UOAA Advocacy Efforts with Speakers Joanna Burgess and Sue Mueller from the National UOAA Board.
- The TAOA Board needs member support! We are currently looking for a Secretary/Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.

TAOA DUES

Annual Membership Dues are now payable for 2024—2025. A statement for \$20 dues is included with this newsletter.

Please submit your \$20 dues with your membership form to our Treasurer Ruth Rhodes. You may also print a copy from our website at <https://raleighuoa.org/membership-form/> - look for the link at the top of the page. Or use the form on page 5 of this newsletter.



TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.

WOC NURSES

WakeMed Raleigh, WakeMedCary,

WakeMed North

Leigh Ammons	919-350-7668
Varda Barthelemy	919-350-7668
Melanie Johnson	919-350-7668

UNC Hospital

Lisa Jenkins	984-974-0410
Lara Dupree	984-974-0410
John Motko	984-974-0410
Janet Rankin	984-974-0410
Jennifer O'Brien	984-974-0410
Ann Sexton	984-974-0410
Becky McElyea	984-974-0410
Colleen Spiller	984-974-0410
Jessica Blakeslee	984-974-0410
Sophia Furlong	984-974-0410
Otis Brown	984-97400410

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145
Stephanie Greenberg	919-714-3390

Duke Raleigh Ostomy Clinic Apt or Support Line

Kelly Smith	919-954-3446
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Duke Raleigh Wound/Ostomy Inpatient Hospital

Ronda Bowles	919-954-3089
Janet Jensen	919-954-3725

Duke Raleigh Wound Center Outpatient

Kayla Santangelo (outpt)	919-862-5573
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Duke Health

Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Stephanie Stokes	919-681-1785
Mary Ann Whaley	919-613-5583
Sarah Britt	919-681-4678
Lily Lane	919-681-7743
Tara Beuscher (outpt)	919-668-7008
Donna Brickman	919-681-4634
Lilo Wilson	919-681-1648
Matt Keirn	919-681-8971
Teri Arp	919-668-0135
Rebecca Elvin (Pediatrics)	919-681-6694

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
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Rex Hospital

Rachel Beth Breazeale	919-784-2048
Maggie Elliott	919-784-2048
Bryan Duttman	919-784-2048
Elsie Murray	919-784-2048
Kristen Cowperthwait	919-784-2048
Kelly Gilleran	919-784-2048
Tanya Duncan (outpt)	919-784-2758


Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Vacant	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Visitor Coordinator: Vacant	
Program Coordinator and	stephaniesyates@gmail.com
Prof. Advisor: Stephanie Yates	

All Officers are available for member support

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuoa.org or look for Triangle Area Ostomy Association on Facebook.


CROHN'S & COLITIS
 FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
 Time: 7:30 pm – 9:00 pm
 Place: Rex Healthcare
 Contact: Reuben Gradsky
 gutcheckrdu@gmail.com

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
 Time: 7 pm – 8:30 pm
 Place: SECU Family House,
 123 Old Mason Farm Road
 Chapel Hill, NC 27517
 Contact: Ritchie Briggs
 919-493-0551
 trianglebcs@gmail.com
 www.trianglebcs.com

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.



10th Annual Run for Resilience Ostomy 5k Sat October 5, 2024, Durham, NC

Register for the Virtual Ostomy 5k by JULY 31st and you will receive your 2024 Run for Resilience Ostomy 5k T-Shirt and Bib EARLY! For those who take advantage of this early registration period, you'll not only save \$5.00 on registration, you can also expect to receive your Race T-Shirt and Bib by the end of August or the beginning of September. As an added bonus your name will also be entered into a drawing to receive a special Run for Resilience Ostomy 5k gift!

On-location events will still receive t-shirts onsite or the day before the event but will also save \$5 when registering before September 6, 2024.

When registering please consider the critical step of starting a fundraiser! Raise over \$125 and your registration will be reimbursed!

<https://runsignup.com/Race/NC/Durham/DurhamNCRunforResilienceOstomy5k>

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"It just fits around the stoma. I don't have to worry that I'm going to have an accident. I can be free and just enjoy life."

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From flat, to convex, to the NEW convex flip – there are options to fit every body.

Find your fit today!

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There's a Mio for every body



Feel the excitement,
not the itch



87% of people experience itchy skin around the stoma.¹ Being distracted by an itch can really get in the way of focusing on life's special moments.

The CeraPlus skin barrier may help. It helps protect against dryness, a possible cause of itching, by working to protect your skin's natural moisture barrier.

To learn more about the ceramide-infused CeraPlus skin barrier, or to request a FREE sample, contact us at **1.888.808.7456** or www.hollister.com/tryCeraPlus



The CeraPlus skin barrier comes in a range of fit options including one-piece, two-piece, flat, firm convex, soft convex, tape border, and tapeless.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions, and Instructions.
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Ostomy Care (Convex) Care (Wound & Skin Care) (Hollister) (Hollister)

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PHARMACIA



Ostomy Care
Healthy skin. Positive outcomes.

MINUTES TAOA MEETING MAY 7th 2024

TAOA's Zoom attendance was seventeen persons including one new ostomate & our guest speaker. After 30 minutes of social interaction the formal meeting was called to order, at 7:30 PM, by President Dan Richards.

Plans are in progress for the annual Ostomy 5K Race on October 5, 2024. Mark your calendar. Details will be released in the Fall.

Ruth has received five additional donations of ostomy supplies for FOW.

FOR NURSES DAY, MAY 6, TAOA HAS DONATED \$200.00 TO THE UOAA NURSING SCHOLARSHIP FUND. THIS IS GIFTED IN HONOR OF OUR TRIANGLE AREA WOC NURSES WITH OUR APPRECIATION FOR THEIR SERVICE.

Our Dues Statement for 2024-2025 will be attached to your June Newsletter. Please remit next year's Dues when the statement is received so as not to forget! Your prompt response is extremely helpful & greatly appreciated!

Stephanie Yates, WOCN, introduced our guest speaker, Tony Cinarolli, a Hollister Representative. Tony spoke of several Hollister products & introduced us to SECURE START. This is a Hollister program providing product sampling, supplies & professional guidance. Customers are required to register through their WOC Nurse. TAOA members may register through Stephanie Yates, at stephaniesyates@gmail.com or 919-417-2278. Registration is free & insurance will be filed for products ordered. Members are assigned a personal advisor to provide their service. We thank Tony for these Hollister updates.

Our next Zoom meeting will be June 4th at 7:00 pm. Our Summer break will be in July & August. Meetings will resume on Tuesday September 3rd at 7:00 PM.

This meeting adjourned at 8:20 PM.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.

The only thing
That gets cut out
is the worry

No cutting or guessing
means saying yes to
everything else in life.

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*FROM 2017 TO 2021, CONVA-TEC WAS THE MOST TRUSTED BRAND IN THE WOUND CARE MARKET. SOURCE: WOUND CARE MARKET RESEARCH, 2021.

GREAT OSTOMY ACCESSORIES

designed to
**Cleanse, Protect,
Secure and Assure**

Our Most Popular Products:

SN500525 - Peri-Stoma Cleanser & Adhesive Remover Wipes	SN5684U2 - Conforming Adhesive Seals
SN500807 - No-Sting Skin Barrier Wipes	SN521130 - X-Tra Wide Skin Barrier Arcs
	SN541408 - Assure C Odor Eliminator

**A Cost Effective Brand to
Enhance Your Life with An Ostomy!**

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request a sample please call
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**Duke Raleigh Hospital
Ostomy Clinic**

The Duke Raleigh Hospital Ostomy Clinic offers Information, help, and support for those living with a stoma.



Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:
3404 Wake Forest Rd. Suite 303
Raleigh, NC 27609




Duke Raleigh Hospital

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How to Attach and more. info@kemOnline.com

TAOA MEMBERSHIP FORM

PLEASE PRINT LEGIBLY

Name: _____ Date: _____

Address: _____ Spouse: _____

Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Receive Newsletter via: ☐ Email ☐ US Mail

Year of Surgery: _____

Type of Ostomy: ☐ Colostomy ☐ Ileostomy ☐ Urostomy (Ileal conduit)

☐ Other: _____ ☐ Support/No Ostomy

Comments (cont. on reverse side) _____

☐ Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

☐ Courtesy Membership: Cannot afford dues at this time. (Confidential)

☐ Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.

Enclosed: ☐ \$20.00 Dues Pay to TAOA ☐ Cash ☐ Check ☐ Money Order

☐ Donation (optional) \$ _____ For our support of FOW.



Mail payment with this completed form to:

Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO



FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday June 4th: UOAA Advocacy Efforts
HOSTED BY: Joanna Burgess and Sue Mueller from the National UOAA
Board.

