

The By-Pass

Triangle Area Ostomy Association

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.



Sep 2024

President's Message

I hope everyone had a fantastic summer! I'm looking forward to hearing about all the trouble everyone got into over the break.

The Run for Resilience Ostomy 5k is Saturday October 5th! This is the 10th Anniversary so I hope to see you all there. Even if you don't want to run or walk you can always volunteer or come out to support the participants and the raffle!

See you all at our meeting September 3rd.

Regards,
Dan Richards
President

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NEWS AND UPDATES

- The program for our September meeting will be Product Updates from Convatec with Daniel McIntyre - Territory Sales Manager.
- The TAOA Board needs member support! We are currently looking for a Secretary/ Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.

TAOA DUES REMINDER

Please pay Annual Membership Dues for 2024—2025.

Please submit your \$20 dues to our Treasurer Ruth Rhodes. You may print a copy of the membership form from our website at <https://raleighuoa.org/membership-form/> - look for the link at the top of the page. Or use the form on page 5 of this newsletter.

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.

WOC NURSES

WakeMed Raleigh, WakeMedCary,

WakeMed North

Leigh Ammons	919-350-7668
Varda Barthelemy	919-350-7668
Melanie Johnson	919-350-7668

UNC Hospital

Lisa Jenkins	984-974-0410
Lara Dupree	984-974-0410
John Motko	984-974-0410
Janet Rankin	984-974-0410
Jennifer O'Brien	984-974-0410
Ann Sexton	984-974-0410
Becky McElyea	984-974-0410
Colleen Spiller	984-974-0410
Jessica Blakeslee	984-974-0410
Sophia Furlong	984-974-0410
Otis Brown	984-97400410

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145
Stephanie Greenberg	919-714-3390

Duke Raleigh Ostomy Clinic Apt or Support Line

Kelly Smith	919-954-3446
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Duke Raleigh Wound/Ostomy Inpatient Hospital

Ronda Bowles	919-954-3089
Janet Jensen	919-954-3725

Duke Raleigh Wound Center Outpatient

Kayla Santangelo (outpt)	919-862-5573
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Duke Health

Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Stephanie Stokes	919-681-1785
Mary Ann Whaley	919-613-5583
Sarah Britt	919-681-4678
Lily Lane	919-681-7743
Tara Beuscher (outpt)	919-668-7008
Donna Brickman	919-681-4634
Lilo Wilson	919-681-1648
Matt Keirn	919-681-8971
Teri Arp	919-668-0135
Rebecca Elvin (Pediatrics)	919-681-6694

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
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Rex Hospital

Rachel Beth Breazeale	919-784-2048
Maggie Elliott	919-784-2048
Bryan Duttman	919-784-2048
Elsie Murray	919-784-2048
Kristen Cowperthwait	919-784-2048
Kelly Gilleran	919-784-2048
Tanya Duncan (outpt)	919-784-2758


Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Vacant	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Visitor Coordinator: Vacant	
Program Coordinator and	stephaniesyates@gmail.com
Prof. Advisor: Stephanie Yates	

All Officers are available for member support

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuoa.org or look for Triangle Area Ostomy Association on Facebook.


CROHN'S & COLITIS
 FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
 Time: 7:30 pm – 9:00 pm
 Place: Rex Healthcare
 Contact: Reuben Gradsky
 gutcheckrdu@gmail.com

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
 Time: 7 pm – 8:30 pm
 Place: SECU Family House,
 123 Old Mason Farm Road
 Chapel Hill, NC 27517
 Contact: Ritchie Briggs
 919-493-0551
 trianglebcs@gmail.com
 www.trianglebcs.com

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.



10th Annual Run for Resilience Ostomy 5k
Sat October 5, 2024, Durham, NC

Join us as we celebrate the 10 year anniversary of the Run For Resilience Ostomy 5k run/walk event on October 5th at 8am on the American Tobacco Trail in Durham. This is a wonderful event to celebrate and support Ostomates and the UOAA! All proceeds go the UOAA and a portion of our race will also help fund a NC Ostomate to attend the 2025 UOAA Conference in Florida!



Register to walk/run here: <https://runsignup.com/Race/NC/Durham/DurhamNCRunforResilienceOstomy5k>

If you are unable to attend in person but still would like to help, you may donate to the race at <https://runsignup.com/Race/Donate/NC/Durham/DurhamNCRunforResilienceOstomy5k>

If you would like to volunteer at the race on October 5th sign up here: <https://runsignup.com/Race/Volunteer/NC/Durham/DurhamNCRunforResilienceOstomy5k>

If you have any questions, feel free to contact me at ostomy5kdurham@gmail.com

Best,
Lara DuPree

New Project for UOAA

UOAA recognizes that many healthcare professionals (nurses, nursing assistants, etc.) lack basic knowledge in caring for people living with an ostomy or continent diversion. An education program addressing this is long overdue, especially for home health and bedside nursing staff. UOAA has a plan to help address this concern. UOAA's new educational program "Ostomy Skills for Healthcare Professionals" will include a series of videos and PowerPoint presentations facilitated by Certified Wound Ostomy Continence Nurses (CWOCN®). There will also be commentary from ostomates throughout the program to ensure the emotional aspects of living with an ostomy are discussed. UOAA is seeking donations for this project in a separate solicitation.

UOAA has a matching donation that will provide additional funds for donations made between now and October 31.

MINUTES TAOA MEETING JUNE 4, 2024

Members connected via Zoom at 7:00 PM to enjoy socializing prior to the meeting. At 7:30 PM President, Dan Richards called the formal meeting to order. He welcomed 16 participants.

TAOA honored our WOC Nurses on Nurses Day by contributing \$200.00 to the UOAA Nurses Scholarship Fund. We thank all of our area WOC Nurses for the care they provide to Ostomates & their loyal support of TAOA..

Save the date of October 5th! Plan to attend the 5-K Race in Durham. There will be other enjoyable events including a silent auction.

Four more generous people have given Ruth large boxes of ostomy supplies for FOW. Jamal stays quite busy packing these for shipping. Thank you to our members who send donations to help with the FOW shipping expenses.

Our dear friend, Joanna Burgess, WOCN, is now working for Convatec. Joanna joined tonight's meeting to introduce her co-worker, Sue Mueller, WOCN. Sue's program demonstrated her expertise in working with Government agencies. She is working diligently to educate & establish necessary guidelines for all Assisted Living facilities in the U.S. Skilled Nursing Homes are Federally regulated but Assisted Living Centers have no consistent protocol. This can cause Ostomates to be unnecessarily denied entry. The denial is usually due to insufficient knowledge & misunderstanding of an ostomates care. Skilled nursing is not required, therefore Assisted Living should be allowed. Thank you, Sue, for enlightening us. We are grateful for your insistence on our behalf !!!

We will take a summer break in July & August. Anyone needing assistance may call any officer listed on pg 2 of your TAOA Newsletter. Hopefully everyone will have paid dues before our new year begins in September. The TAOA new year will begin with a Zoom meeting on Tuesday Sept. 3, 2024. If you are new to our Zooms, please notify Ruth Rhodes or Alison Cleary to receive a link for this meeting.

This meeting adjourned at 8:15 PM

Respectfully submitted,
Ruth Rhodes, Sec./Treas.



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Collin, CeraPlus Product User



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Our Most Popular Products:

SN500525 - Peri-Stoma Cleanser & Adhesive Remover Wipes	SN568402 - Conforming Adhesive Seals
SN500807 - No-Sting Skin Barrier Wipes	SN521130 - X-Tra Wide Skin Barrier Arcs
	SN541408 - Assure C Odor Eliminator

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Available on Amazon YouTube Facebook



Duke Raleigh Hospital Ostomy Clinic

The Duke Raleigh Hospital Ostomy Clinic offers Information, help, and support for those living with a stoma.

Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:
3404 Wake Forest Rd. Suite 303
Raleigh, NC 27609



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TAOA MEMBERSHIP FORM

PLEASE PRINT LEGIBLY

Name: _____ Date: _____

Address: _____ Spouse: _____

_____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Receive Newsletter via: ☐ Email ☐ US Mail

Year of Surgery: _____

Type of Ostomy: ☐ Colostomy ☐ Ileostomy ☐ Urostomy (Ileal conduit)

☐ Other: _____ ☐ Support/No Ostomy

Comments (cont. on reverse side) _____

☐ Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

☐ Courtesy Membership: Cannot afford dues at this time. (Confidential)

☐ Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.

Enclosed: ☐ \$20.00 Dues Pay to TAOA ☐ Cash ☐ Check ☐ Money Order

☐ Donation (optional) \$ _____ For our support of FOW.

Mail payment with this completed form to:

Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO



FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday September 3rd: Product Updates from
Convatec
HOSTED BY: Daniel McIntyre - Convatec Territory Sales Manager

