# The By-Pass

# **Triangle Area Ostomy Association**

<u>OUR MISSION</u>: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.



Dec 2024

## **President's Message**

We are getting deep into the holiday season! One of the first meetings I attended was around this time and I think of it often. Stephanie Yates offered a warning in either the opening or closing comments to be aware of what you are eating, especially if red food dye is used! That advice probably saved me a panicked trip to the ER when my output changed to a splendid holiday red color.

I issue the same caution to you in this message. Enjoy yourself and indulge in all the treats but be aware of what you are eating and how it could affect your ostomy. Don't forget to chew your food between all that family and friend banter!

Regards, Dan Richards President

#### **NEWS AND UPDATES**

- The program for our December meeting will be a sharing session with Lilo Wilson, WOCN.
- The TAOA Board needs member support!
   We are currently looking for a Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.

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#### **TAOA DUES POLICY**

Many thanks to all those who have paid dues for 2023-2024! TAOA sincerely appreciates your contributions.

You can still pay dues for this year. Please attach the membership form on page 5 of this Newsletter and mail your \$20 dues to our Treasurer Ruth Rhodes. You may also print a copy from our website at <a href="https://raleighuoa.org/membership-form/">https://raleighuoa.org/membership-form/</a> - look for the link at the top of the page.

#### TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

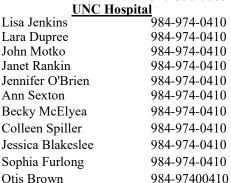
TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome.

Please refer to the membership form on the last page.

#### WOC NURSES

# WakeMed Raleigh, WakeMedCary,

WakeMed North 919-350-7668 Leigh Ammons Varda Barthelemy 919-350-7668 Melanie Johnson 919-350-7668 Kyle Miller 919-350-7668 Vanessa Drake 919-350-7668 **UNC Hospital** Lisa Jenkins 984-974-0410



**Duke Regional** 

Tom Hobbs 919-470-7215 Felicia Street 919-470-6145 Stephanie Greenberg 919-714-3390

**Duke Raleigh Ostomy Clinic Apt or Support Line** 

Kelly Smith 919-954-3446

**Duke Raleigh Wound/Ostomy Inpatient Hospital** 

919-954-3089 Ronda Bowles Janet Jensen 919-954-3725



Kayla Santangelo (outpt) 919-862-5573

#### **Duke Health**

| 919-681-2436 |
|--------------|
| 919-684-9954 |
| 919-681-1785 |
| 919-613-5583 |
| 919-681-4678 |
| 919-681-7743 |
| 919-668-7008 |
| 919-681-4634 |
| 919-681-1648 |
| 919-681-8971 |
| 919-668-0135 |
| 919-681-6694 |
|              |

#### Maria Parham Hospital

Kathy Thomas 252-436-1700

**Durham VA Medical Center** 

Reba Giles 919-286-0411 X 6177

**Rex Hospital** 

Rachel Beth Breazeale 919-784-2048 Maggie Elliott 919-784-2048 Bryan Duttman 919-784-2048 Elsie Murray 919-784-2048 Kristen Cowperthwait 919-784-2048

#### **Group Officers and Contact Info**

President: Dan Richards 919-624-3075 Vice President: Mary Brown 919-782-3957 Treasurer: Ruth Rhodes 919-782-3460

Secretary: Ruth Rhodes

Newsletter: Alison Cleary 919-924-3325

Webmaster: Alison Cleary clearyan@earthlink.net

FOW Coordinator: Jamal Sarsour 252-258-4431

Membership Coordinator. Vacant

Program Coordinator and stephaniesyates@gmail.com

Prof. Advisor: Stephanie Yates

All Officers are available for member support

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuoa.org or look for Triangle Area Ostomy Association on Facebook.

## **CROHN'S & COLITIS** FOUNDATION OF AMERIC

#### CCFA SUPPORT GROUP

Date: Third Monday of the Month Time: 7:30 pm - 9:00 pmPlace: Rex Healthcare Contact: Reuben Gradsky

gutcheckrdu@gmail.com

# TRIANGLE BLADDER CANCER SUPPORT

Date: Second Tuesday of the Month

Time: 7 pm - 8:30 pm

Place: Ronald McDonald House Community Room (At

the rear of the parking lot)

101 Old Mason Farm Rd, Chapel Hill, NC 27517

Contact: Ritchie Briggs 919-493-0551

trianglebcs@gmail.com

https://sites.google.com/site/trianglebcs/

These meetings are hybrid and can be attended via



## **UOAA 2025 National Conference**

Registration opens on January 1, 2025. You can find more information and details at https://

www.ostomy.org/2025conference/

Hotel reservations are now open. You can find a link to the hotel reservation page at the above website. You can also call the Resort's reservation line at 1-800-233-1234 and provide code "MB18". The Resort Fee is waived for our group, a \$49 per room per day savings but only if you book with our group code so do not use a third-party website.



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of leakage\*

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Prior to use, refer to the product 'instructions for Use' for intended use and relevant safety information.

"Based on a retrospective study conducted at 2 affiliated university hospitals; n=214 patient charts with surgery dates ranging from February 2022 to June 2023. Patient events were charted by the WOC nurse at each pouch change; review captured up to 5 pouch changes or 2 weeks of data. Statistical analysis costrolled for key differences between sites and found predicted probability of leakings for SerSura Mio was 15.1% and Hollister® CeraPlus™ was 25.6%, corresponding to a 40.8% lower risk (p=0.013). Colopiast data on file. ""All trademarks are the property of their respective owners."

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### Minutes TAOA Meeting November, 2024

Following a 30 minute period of friendship chats, President, Dan Richards called this meeting to order at 7:30 PM. Fifteen persons attended via Zoom.

A newly established support group for The Crohns & Colites Foundation will now serve North & South Carolina. Contact information will be posted in our TAOA Newsletter.

Ruth has received one donation of supplies for FOW this month. A donation of \$200.00 was given to UOAA in honor of the 5K race & to support their new program for providing education in Ostomy care for Care Givers & other auxiliary personal.

We were very sorry to learn of the recent death of our member, Ozzie Lawrence. Our deepest sympathy will be extended to her family.

Our TAOA advisor, Stephanie Yates, WOCN, presented tonight's program. She brought to our attention several new & unique ostomy care products which were exhibited at this year's WOCN Conference. She described a new extra strength adhesive spray, various deodorizers & new toileting equipment. Our thanks to Stephanie for enlightening members with the newest information..

TAOA will meet again on December 3rd. The Zoom link will open at 7:00PM.

This meeting was adjourned at 8:20 PM.

Respectfully submitted, Ruth Rhodes, Sec./Treas.

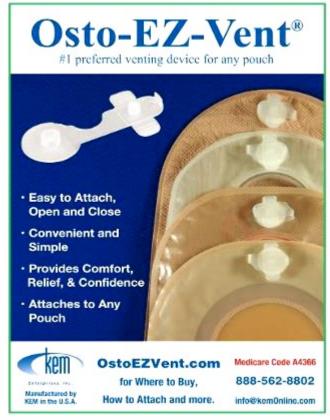




Ostomy Care
Healthy skin. Positive outcomes.







|                              | TAOA MEMBER            | TOTAL |
|------------------------------|------------------------|---|
| PLEASE PRINT LEGIBLY         | ,<br>_                 | Date:   |
| Name:                        |                        | Spouse:   |
| Address:                     |                        |   |
| <u> </u>                     |                        | Zip:  |
| Home Phone:                  | Cell Phone:            |   |
| Email Address:               |                        |   |
| Receive Newsletter via: [] E | lmail [] US Mail       |   |
| Year of Surgery:             |                        |   |
|                              | omy [] Ileostomy       | [] Urostomy (Ileal conduit)   |
| [ ] Other:                   |                        | [ ] Support/No Ostomy   |
| Comments (cont. on reverse   | side)                  |   |
|                              |                        |   |
| [ ] Active Membership: M     | Iember for UOAA/TA     | AOA. Annual Dues \$20.00.   |
| Courtesy Membership:         | Cannot afford dues a   | at this time. (Confidential)  |
| Affiliate Membership.        | WOCN's & Prof. As      | sociates. Dues exempted.  |
| IMPORTANT: ALL CHE           |                        |   |
|                              |                        |   |
| Enclosed: [ ]\$20.00 Dues Pa | av to TAOA []Cash[]    | Check [ ] Money Order   |
|                              | onal) \$ For our s     |   |
| ( )                          | ,                      | 11  |
| I                            | Mail payment with this | completed form to:  |
|                              |                        | ess Club Drive/Raleigh, NC, 27615   |

TAGA MEMBERSHIP FORM





8703 Cypress Club Drive Raleigh, NC 27615