

The By-Pass

Triangle Area Ostomy Association



Nov 2024

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.

President's Message

We had a great time at the 10th Annual Run for Resilience 5k on ostomy awareness day. It was fantastic seeing so many people supporting those with ostomies. It was great to speak to so many people with ostomies as well as the medical professionals and vendors who support us.

Our next meeting will be election night. I hope you can take a break from the news coverage to join us! See you all then.

Regards,
Dan Richards
President

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NEWS AND UPDATES

- The program for our November meeting will be "New and Unique Ostomy Care Finds in the Exhibit Hall at WOCN Conference" with Stephanie Yates, WOCN.
- The TAOA Board needs member support! We are currently looking for a Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.

DUES 2024 - 2025

A TAOA STATEMENT IS ISSUED ON JUNE 1st REQUESTING PAYMENT OF DUES PRIOR TO AUGUST 1ST.

RECORDS ARE UPDATED PRIOR TO THE BEGINNING OF THE TAOA NEW YEAR ON SEPTEMBER 1ST.

WHEN ACTIVE MEMBERS FAIL TO SUBMIT DUES WE CANNOT PROVIDE A PROPER CENSUS REPORT TO UOAA & OUR UOAA DUES ARE PAID INCORRECTLY.

PLEASE HELP TO ELIMINATE LATE PAYMENTS. TAOA DUES HAVE REMAINED \$20.00 FOR 25+ YEARS.

CONTACT THE TREASURER IF ANY ASSISTANCE IS NEEDED.

(See P. 3 for a list of reasons why we ask you to pay dues.)

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.

WOC NURSES

WakeMed Raleigh, WakeMedCary,

WakeMed North

Leigh Ammons	919-350-7668
Varda Barthelemy	919-350-7668
Melanie Johnson	919-350-7668

UNC Hospital

Lisa Jenkins	984-974-0410
Lara Dupree	984-974-0410
John Motko	984-974-0410
Janet Rankin	984-974-0410
Jennifer O'Brien	984-974-0410
Ann Sexton	984-974-0410
Becky McElyea	984-974-0410
Colleen Spiller	984-974-0410
Jessica Blakeslee	984-974-0410
Sophia Furlong	984-974-0410
Otis Brown	984-97400410

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145
Stephanie Greenberg	919-714-3390

Duke Raleigh Ostomy Clinic Apt or Support Line

Kelly Smith	919-954-3446
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Duke Raleigh Wound/Ostomy Inpatient Hospital

Ronda Bowles	919-954-3089
Janet Jensen	919-954-3725

Duke Raleigh Wound Center Outpatient

Kayla Santangelo (outpt)	919-862-5573
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Duke Health

Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Stephanie Stokes	919-681-1785
Mary Ann Whaley	919-613-5583
Sarah Britt	919-681-4678
Lily Lane	919-681-7743
Tara Beuscher (outpt)	919-668-7008
Donna Brickman	919-681-4634
Lilo Wilson	919-681-1648
Matt Keirn	919-681-8971
Teri Arp	919-668-0135
Rebecca Elvin (Pediatrics)	919-681-6694

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
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Rex Hospital

Rachel Beth Breazeale	919-784-2048
Maggie Elliott	919-784-2048
Bryan Duttman	919-784-2048
Elsie Murray	919-784-2048
Kristen Cowperthwait	919-784-2048
Kelly Gilleran	919-784-2048
Tanya Duncan (outpt)	919-784-2758

Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Ruth Rhodes	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Membership Coordinator: Vacant	
Program Coordinator and	stephaniesyates@gmail.com
Prof. Advisor: Stephanie Yates	

All Officers are available for member support

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuo.org or look for Triangle Area Ostomy Association on Facebook.

CCFA CROHN'S & COLITIS FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: Ronald McDonald House Community Room (At the rear of the parking lot)
101 Old Mason Farm Rd, Chapel Hill, NC 27517
Contact: Ritchie Briggs 919-493-0551
trianglebcs@gmail.com
<https://sites.google.com/site/trianglebcs/>
These meetings are hybrid and can be attended via Zoom

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

Membership - Why do we pay dues?

We are excited to see new members and eager to help anyone with questions, concerns and issues related to living with an ostomy. Since we ask our members to pay annual dues of \$20, here are some of the things our treasury is used for:

A portion of each Member's dues is paid to [UOAA](#) for our [TAOA](#) Affiliation.

TAOA Expenses:

1. Secretarial Supplies.
2. Postage for Newsletters & Official Correspondence.
3. Packaging & Postage for Shipments to FOW.
4. Fees for Website Maintenance.
5. Honorary Gifts.
6. Memorial Donations,
7. Frequent Contributions to support these organizations: UOAA, FOW, WOCN's, Annual 5-K Run, Youth Rally (Kids with Ostomies).



SenSura[®] Mio offers
what CeraPlus[™] can't
**41% less risk
of leakage***

Try SenSura Mio today!
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 **Coloplast**

Prior to use, refer to the product 'Instructions for Use' for intended use and relevant safety information.

*Based on a retrospective study conducted at 2 affiliated university hospitals; n=214 patient charts with surgery dates ranging from February 2022 to June 2023. Patient events were charted by the WOC nurse at each pouch change; review captured up to 5 pouch changes or 7 weeks of data. Statistical analysis controlled for key differences between sites and found predicted probability of leakage for SenSura Mio was 15.3% and Hollister[®] CeraPlus[™] was 25.6%, corresponding to a 40.8% lower risk (p=0.011). Coloplast data on file.

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The Phoenix
\$12.95
Fall 2024

Endless Adventure
Ben Moon and Best Friend

MINUTES TAOA MEETING OCTOBER 1 2024

President Dan Richards called this meeting to order at 7:30PM. Thirteen attended via Zoom plus two guests.

Dan encouraged everyone to participate in the 5K race in Durham on Sat., Oct. 5th. TAOA will donate \$200.00 to UOAA in honor of the 5K Race & the celebration of World Ostomy Day,

A special thank you to all who have paid dues & to those who have made donations for our FOW shipping expenses. TAOA will send Ostomy supplies to Western N.C. to help those who are suffering from the catastrophic damage by hurricane Helene.

Stephanie Yates, WOCN, introduced our program moderator, Michelle Brock, Coloplast Representative. Michelle presented updates on Coloplast products & other new information. They now provide a new Pouch that is Black & comes in a variety of sizes. Contact the Coloplast Web Site for ample information & samples of their comfort products. Thank you, Michelle, for enlightening us about supplies & educational opportunities.

TAOA will meet again Nov. 5th at 7:00 PM. on Zoom. The program begins at 7:30 PM. This meeting was adjourned at 8:15PM.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.



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Choose the CeraPlus™ Soft Convex skin barrier* from the start.

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Collin, CeraPlus™ Product User



Ostomy Care
Healthy skin. Positive outcomes.



GREAT OSTOMY ACCESSORIES

designed to
**Cleanse, Protect,
Secure and Assure**

Our Most Popular Products:

SNS00525 - Peri-Stoma Cleanser & Adhesive Remover Wipes	SNS68402 - Conforming Adhesive Seals
SNS00807 - No-Sting Skin Barrier Wipes	SNS21130 - X-Tra Wide Skin Barrier Arcs
	SNS41408 - Assure C Odor Eliminator

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Available on Amazon YouTube Facebook



Duke Raleigh Hospital Ostomy Clinic

The Duke Raleigh Hospital Ostomy Clinic offers Information, help, and support for those living with a stoma.

Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:
3404 Wake Forest Rd. Suite 303
Raleigh, NC 27609



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TAOA MEMBERSHIP FORM

PLEASE PRINT LEGIBLY

Name: _____ Date: _____

Address: _____ Spouse: _____

_____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Receive Newsletter via: ☐ Email ☐ US Mail

Year of Surgery: _____

Type of Ostomy: ☐ Colostomy ☐ Ileostomy ☐ Urostomy (Ileal conduit)

☐ Other: _____ ☐ Support/No Ostomy

Comments (cont. on reverse side) _____

☐ Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

☐ Courtesy Membership: Cannot afford dues at this time. (Confidential)

☐ Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.

Enclosed: ☐ \$20.00 Dues Pay to TAOA ☐ Cash ☐ Check ☐ Money Order

☐ Donation (optional) \$ _____ For our support of FOW.



Mail payment with this completed form to:

Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615



8703 Cypress Club Drive
Raleigh, NC 27615

OUR THANKS TO



FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER



NEXT MEETING: New and Unique Ostomy Care Finds in the Exhibit
Hall at WOCN Conference"
HOSTED BY: Stephanie Yates, WOCN