

The By-Pass

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.

Triangle Area Ostomy Association



Jun 2025

President's Message

Last meeting of our year! Don't forget that we take the months of July and August off. However, if you need support you can reach out to any of our board members at any time.

At the last meeting, I mentioned the idea of having a picnic sometime in June. Unfortunately I forgot how busy I am in May! Instead of doing one in June, we'll do one in the fall when I can focus on it.

See you all on the 3rd!

Regards,
Dan Richards
President

IN THIS ISSUE:

President's Message	Page 1
News and Updates	Page 1
Annual Dues Notice	Page 1
Support statement	Page 2
Contact Information	Page 2
WOC Nurse list	Page 2
Convex Skin Barrier Myths	Page 3
Minutes of May meeting	Page 4
Membership Form	Page 5

Important

NOTICE FROM YOUR TAOA BOARD

Your June Newsletter includes our annual Statement for UOAA & TAOA membership dues. Please pay \$20 promptly. Do not risk forgetting!

Your cooperation will eliminate our time consuming task of sending reminders.

THANK YOU!

NEWS AND UPDATES

- The program for our June 3rd meeting is "Traveling with an Ostomy" with Lynn Wolfson, member of the UOAA Board of Directors.
- The TAOA Board needs member support! We are currently looking for a Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Stephanie Yates know.



TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.

WOC NURSES

WakeMed Raleigh, WakeMedCary,

WakeMed North

Leigh Ammons	919-350-7668
Varda Barthelemy	919-350-7668
Melanie Johnson	919-350-7668
Kyle Miller	919-350-7668
Vanessa Drake	919-350-7668



UNC Hospital

Lisa Jenkins	984-974-0410
Lara Dupree	984-974-0410
John Motko	984-974-0410
Janet Rankin	984-974-0410
Jennifer O'Brien	984-974-0410
Ann Sexton	984-974-0410
Becky McElyea	984-974-0410
Colleen Spiller	984-974-0410
Jessica Blakeslee	984-974-0410
Sophia Furlong	984-974-0410
Otis Brown	984-97400410

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145
Stephanie Greenberg	919-714-3390

Duke Raleigh Ostomy Clinic Apt or Support Line

Kelly Smith	919-954-3446
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Duke Raleigh Wound/Ostomy Inpatient Hospital

Ronda Bowles	919-954-3089
Janet Jensen	919-954-3725

Duke Raleigh Wound Center Outpatient

Kayla Santangelo (outpt)	919-862-5573
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Duke Health

Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Stephanie Stokes	919-681-1785
Mary Ann Whaley	919-613-5583
Sarah Britt	919-681-4678
Lily Lane	919-681-7743
Tara Beuscher (outpt)	919-668-7008
Donna Brickman	919-681-4634
Lilo Wilson	919-681-1648
Matt Keirn	919-681-8971
Teri Arp	919-668-0135
Rebecca Elvin (Pediatrics)	919-681-6694

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
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Rex Hospital

Rachel Beth Breazeale	919-784-2048
Maggie Elliott	919-784-2048
Bryan Duttman	919-784-2048
Elsie Murray	919-784-2048
Kristen Cowperthwait	919-784-2048
Kelly Gilleran	919-784-2048

Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Ruth Rhodes	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Membership Coordinator: Vacant	
Program Coordinator and	stephaniesyates@gmail.com
Prof. Advisor: Stephanie Yates	

All Officers are available for member support

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuoa.org or look for Triangle Area Ostomy Association on Facebook.

CROHN'S & COLITIS FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: Ronald McDonald House Community Room (At the rear of the parking lot)
101 Old Mason Farm Rd, Chapel Hill, NC 27517
Contact: Ritchie Briggs 919-493-0551
trianglebcs@gmail.com
<https://sites.google.com/site/trianglebcs/>
These meetings are hybrid and can be attended via Zoom

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

by Terri Cobb, BSN, RN, CWOCN in the Hollister Ostomy Learning Center

<https://www.hollister.com/en/OstomyCare/OstomyLearningCenter/UsingOstomyProducts/4CommonConvexOstomySkinBarrierMyths>

- Myth #1: All convexity is the same - Convex skin barriers come in various shapes and sizes to suit different needs.
- Myth #2: Convex skin barriers are uncomfortable or painful - Terri addresses concerns about discomfort and highlights how modern convex barriers are designed for comfort and effectiveness.
- Myth #3: Convex barriers should only be used when problems arise - Proactive use of convex barriers may help prevent issues before they occur.
- Myth #4: Convex barriers are difficult to use - Terri shares guidance on choosing and using the right convex barrier for individual needs.

Editor's note: This article is from UOAA digital sponsor, Hollister. Sponsor support along with donations from readers like you help to maintain our website and the free trusted resources of UOAA, a 501(c)(3) non-profit organization.



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MINUTES TAOA MEETING MAY 6, 2025

Conversations began on Zoom at 7:00PM. President, Dab Richards, opened this meeting at 7:30 PM. He welcomed 14 attendees. Dan reminded us of the UOAA Meeting in August. Interested persons should apply for a scholarship to cover expenses. There was a discussion of possible plans to have an outdoor picnic in June. This would be an opportunity for all to meet in person. Please notify Dan as to your interest in this opportunity. (dmwmp@gmail.com)

In honor of Easter & Nurses Week, Ruth delivered a gift to the WOC Nurses at Rex Hospital. A gift box of delicious "Crumble Coolies" was given in appreciation for their service. They provide the printed copies of our TAOA monthly newsletters.

Three donations for FOW have been received this month.

THE 2025-2026 DUES STATEMENT WILL BE IN THE JUNE NEWSLETTER. PLEASE PAY \$20.00 DUES UPON RECEIPT OF THE STATEMENT. YOUR VOLUNTEER TREASURER THANKS YOU FOR YOUR PROMPT REPLY!

Dan introduced our speaker, Michelle Brock, from Coloplast. She revealed several new Coloplast products including a new black pouch. Other familiar items were reviewed. Questions were answered. Thank you, Michelle, for sharing your time & expertise.

Our final meeting will be Tues. June 3rd at 7:00-7:30 PM. The program will provide tips for "Traveling With an Ostomy". There is NO meeting in July or August. Our new year will begin as we resume meeting on Tues. Sept. 2nd. Board members (listed on page 2) are always available to offer assistance.

This meeting adjourned at 8:15 PM.

Have a nice summer & stay healthy!

Respectfully submitted,
Ruth Rhodes, Sec./Treas.



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	SNS41408 - Assure C Odor Eliminator

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Duke Raleigh Hospital Ostomy Clinic

The Duke Raleigh Hospital Ostomy Clinic offers Information, help, and support for those living with a stoma.

Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:
3404 Wake Forest Rd. Suite 303
Raleigh, NC 27609



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TAOA MEMBERSHIP FORM

PLEASE PRINT LEGIBLY

Name: _____ Date: _____

Address: _____ Spouse: _____

_____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Receive Newsletter via: ☐ Email ☐ US Mail

Year of Surgery: _____

Type of Ostomy: ☐ Colostomy ☐ Ileostomy ☐ Urostomy (Ileal conduit)

☐ Other: _____ ☐ Support/No Ostomy

Comments (cont. on reverse side) _____

☐ Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

☐ Courtesy Membership: Cannot afford dues at this time. (Confidential)

☐ Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.

Enclosed: ☐ \$20.00 Dues Pay to TAOA ☐ Cash ☐ Check ☐ Money Order

☐ Donation (optional) \$ _____ For our support of FOW.



Mail payment with this completed form to:

Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO



FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER



NEXT MEETING: June 3rd 2025 at 7:30pm

PROGRAM: Traveling with an Ostomy
HOSTED BY: Lynn Wolfson, member of UOAA Board of Directors