

The By-Pass

Triangle Area Ostomy Association

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.



Sep 2026

President's Message

I hope everyone got into trouble over summer break, I can't wait to hear about it on September 1st. However, we have some important news to share. Ruth Rhodes will be retiring his year from her position as Secretary/Treasurer. She has been on the Board since 2004! That's not a typo, that's 22 years.

Ruth has handled all the administrative tasks needed to keep an organization like this running. She has been the foundation of TAOA and I'm not sure what we are going to do without her. Thankfully she is still going to stay active in the organization, so we can all benefit from her experience!

Regards,
Dan Richards
President

NEWS AND UPDATES

- The program for our September meeting will be with Brian Jordan, CEO & Co-founder of [RevelNext Inc.](#)
- The TAOA Board needs member support! We are currently looking for a Membership Coordinator.
- If you know of an event where you think TAOA would benefit from setting up an information table, please let Dan Richards know.
- If you think of a program that would be suitable for a Zoom meeting, please let Dan Richards or Lilo Wilson know.

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The Run for Resilience Ostomy 5K is Back!

Mark your calendars **October 3-4, 2026!** The Run for Resilience Ostomy 5K returns this fall.

- The location has changed to Solite Park on the American Tobacco Trail, 4704 Fayetteville Rd, Durham, NC 27713.
- We will have a fun run instead of a timed race.

Register by September 4th to get a t-shirt! (see Page 5)

See <https://runsignup.com/Race/NC/Durham/DurhamNCRunforResilienceOstomy5k> for details, registration and directions.

In Memory Of
Gay Brinkley Miriello
March 15, 1940 to August 8, 2026
Loyal member since 2012
Obituary at jerniganwarren.com

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission. New members are always welcome. Please refer to the membership form on the last page.



WOC NURSE OUTPATIENT SUPPORT

UOAA Ostomy Services support

Enter your zip code into the UOAA web site to locate the nearest clinic in your area:
<https://www.ostomy.org/outpatient-ostomy-services-locator/>

WakeMed Raleigh, WakeMedCary, WakeMed North

<https://www.wakemed.org/care-and-services/gastroenterology/treatments-and-procedures/colorectal-surgery/ostomy-support>

Please call **919-350-7331** to schedule your appointment. Appointments are available Wednesday between 12 pm and 4 pm.

UNC Hospital and Rex Hospital

Outpatient Ostomy phone line is **984-974-0154**. It goes to voicemail but is managed Monday through Friday by our WOCN team.

Duke Health

<https://www.dukehealth.org/locations/duke-cancer-center-wound-ostomy-clinic>
Call for an appointment **919-668-6688**

Duke Raleigh Outpatient Ostomy Clinic

<https://www.dukehealth.org/locations/duke-raleigh-outpatient-ostomy-clinic>
Call for an Appointment **919-954-3446**

Durham VA Medical Center

Reba Giles 919-286-0411 X 6177

Maria Parham Hospital

Kathy Thomas 252-436-1700

Duke Regional

Felicia Street 919-470-6145
Lisa Ellerbe
Grace Abellon

Group Officers and Contact Info

President: Dan Richards	919-624-3075
Vice President: Mary Brown	919-782-3957
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Ruth Rhodes	
Newsletter: Alison Cleary	919-924-3325
Webmaster: Alison Cleary	clearyan@earthlink.net
FOW Coordinator: Jamal Sarsour	252-258-4431
Membership Coordinator: Vacant	
Program Coordinator: Lilo Wilson	Lidis89@hotmail.com
Prof. Advisor: Stephanie Yates	stephaniesyates@gmail.com
Social Media Coordinator: Allie Lake	allisonlake27@gmail.com

The Triangle Area Ostomy Association provides support for ostomy patients, caregivers, survivors and families. If you or someone you know needs assistance or support, please see the list of officers on page 2 to reach out and we will help you find the appropriate contact.

For more information about the Triangle Area Ostomy Association go to www.raleighuoa.org or look for Triangle Area Ostomy Association on Facebook.



CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: Ronald McDonald House Community Room (At the rear of the parking lot)
101 Old Mason Farm Rd, Chapel Hill, NC 27517
Contact: Ritchie Briggs 919-493-0551
trianglebcs@gmail.com
<https://sites.google.com/site/trianglebcs/>
These meetings are hybrid and can be attended via Zoom

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

Here is some information about the program scheduled for the September meeting. The company is called RevelNext and Brian Jordan CEO will give the presentation. You can read about them at revelostomy.com/

1. Revel Scent Samplers - <https://revelostomy.com/products/its-in-the-bag-free-scent-sampler>
 -You can individually request a free sample (e.g. 1x tube of Unscented, Lavender, and Eucalyptus) via the link
 -You will just need to fill out a few questions to request their sample
2. Distributor List (Where to find Revel) - <https://revelostomy.com/pages/distributors>

Brian Jordan, Ph.D.
 CEO & Co-founder
[RevelNext Inc.](https://revelostomy.com/)

857-600-2134 | revelostomy.com

Brian recently launched RevelNext Inc. while working with ostomy patients to optimize both the Revel formula and packaging for their personal use. He serves as the CEO and technical founder as he applies his product development expertise to create innovative products for the ostomy community.



Ostomy Care
 Healthy skin. Positive outcomes.

MINUTES TAOA MEETING JUNE 2, 2026

There were 17 in attendance on Zoom. This was a combination of members and visitors.

President Dan Richards called the meeting to order. Our scheduled program was cancelled due to the unavoidable absence of the presenter.

Dan presented a video revealing the use of physical therapy to treat a slow acting bowel which may lead to intestinal obstruction. The physical therapy practice of Larry and Belinda Worn is in Florida. <https://clearpassage.com/> Their solutions result from research and study of bowl function. Belinda had struggled with these issues for many years. This video was educational.

There will be no TAOA meeting in July or August. Our new year will begin on September 1, 2026. Meet on Zoom at 7:00pm.

Please pay your membership dues (\$20.00) prior to August 1st. See form on Page 5. It is not necessary to complete this form unless there is a change in your information.

Respectfully submitted,

Ruth Rhodes, Sec/Treas

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*Based on a retrospective study conducted at 2 affiliated university hospitals; n=214 patient charts with surgery dates ranging from February 2022 to June 2023. Patient events were charted by the WOC nurse at each pouch change; review captured up to 5 pouch changes or 2 weeks of data. Statistical analysis controlled for key differences between sites and found predicted probability of leakage for SenSura Mio was 15.1% and Hollister[®] CeraPlus[™] was 25.6%, corresponding to a 40.8% lower risk (p=0.011). Coloplast data on file.

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Run For Resilience Ostomy 5k

Register by September 4th to Guarantee Your 2026 Shirt!

Don't wait—register today as this year's Ostomy Awareness Day/Run for Resilience t-shirt sizes and availability cannot be guaranteed for registrations received after September 4.

Celebrate Ostomy Awareness Day with the ostomy community with the [Worldwide Virtual Ostomy 5k](#) or at one of our **nine in-person events across the country!**

Whether you run, walk, roll, or simply come to cheer others on, you'll enjoy a welcoming community. Discover fun filled celebrations with awards, raffle prizes, sponsor tables, and beautiful venues while supporting UOAA's mission.



CREATE OR JOIN A RACE GROUP/TEAM!

Once you've registered you have the option to **CREATE a new RACE GROUP/TEAM** or to **JOIN** one that's already been established. This is a great way to **get others in your community to Register to Participate in the Run and compete against each other**. Invite family, friends, co-workers to Register, pick to be on your Race Group/Team (or start their own), order their T-Shirt & Bib and celebrate the day with you! (Please note this is NOT a Team Fundraiser. To set up a Personal or Team Fundraiser, please go to the DONATE button.)

FUNDRAISING - Raise \$150 or more and your Registration Fee will be refunded!

Fundraising is an important aspect of our Run for Resilience Ostomy 5K. Funds raised help UOAA continue to provide resources, educational materials, advocacy and support to the ostomy and continent diversion community.

We invite you to set up your own **Personal or Team Fundraiser** when registering to participate in the event, or through our **DONATE button** at the top of this page. You can create a unique Fundraiser Name and URL address, personalize your fundraising message, and direct your friends and family to your page to join your team or sponsor you in your fundraising goal.

Event Registration Protection is now available for participants! For just a few dollars at checkout, you can add coverage to your registration and receive a refund if you're unable to attend due to a qualifying reason. It's a simple way to register with confidence and peace of mind. Terms apply—please review the policy for details on qualifying events.

Information supplied by [UOAA](#).

Go to <https://runsignup.com/Race/NC/Durham/DurhamNCRunforResilienceOstomy5k> for more information



Duke Raleigh Hospital Ostomy Clinic

The Duke Raleigh Hospital Ostomy Clinic offers Information, help, and support for those living with a stoma.

Schedule an appointment with a certified ostomy nurse: 919-954-3446

Location:
3404 Wake Forest Rd. Suite 303
Raleigh, NC 27609



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888-562-8802

info@kemOnline.com

TAOA MEMBERSHIP FORM

PLEASE PRINT LEGIBLY

Name: _____ Date: _____

Address: _____ Spouse: _____

_____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Year of Surgery: _____

Type of Ostomy: ☐ Colostomy ☐ Ileostomy ☐ Urostomy (Ileal conduit)

☐ Other: _____ ☐ Support/No Ostomy

Comments (cont. on reverse side) _____

☐ Active Membership: Member for UOAA/TAOA. Annual Dues \$20.00.

☐ Courtesy Membership: Cannot afford dues at this time. (Confidential)

☐ Affiliate Membership. WOCN's & Prof. Associates. Dues exempted.

IMPORTANT: ALL CHECKS MUST BE PAYABLE TO TAOA.

Enclosed: ☐ \$20.00 Dues Pay to TAOA ☐ Cash ☐ Check ☐ Money Order

☐ Donation (optional) \$_____ For our support of FOW.



*Mail payment with this completed form to:
Ruth Rhodes, Sec./Treas./ 8703 Cypress Club Drive/Raleigh, NC, 27615*